



CENTRE FOR CONSCIOUS AWARENESS (CCA) - CANADA

POSITIVE LIVING SERIES

Topic: **IMPROVING MENTAL HEALTH
FOR SENIORS WITH AYURVEDA**

Guest speaker:

Dr. Leena Athparia, ND

Ayurvedic Practitioner

Naturopathic Foundations Health Clinic



- Intuitive Meditation Demonstration by CCA - Canada



Srinivas Arka, Founder,
Centre for Conscious Awareness Global

Sunday February 21, 2021

This is an online only webinar

Time: 2:00pm to 3:30pm EST

*"The physical body needs nutrition.
The mind needs peace.
The heart needs love. The inner self
needs truth. Only then we can
have true health."*

- Srinivas Arka

Please kindly [register here](#) to receive the webinar details
or at www.canadacca.ca | positiveliving@canadacca.ca | (416) 997-5531

Admission Fee Waived.



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